The Northeastern Co-op Experience:

In Sociology and Anthropology

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Co-op

What is Co-op?

• Co-op allows students to alternate between class work and full-time paid employment - to help them clarify their career goals and build skills.
• Students can complete up to three co-ops in 5 years. (or two in 4 years) They can go on co-op as early as spring of their sophomore year.

What are Co-ops?

• Students work for 6 months, full-time (32-40 hrs/week). Positions are from January through June or July through December.
• Most are paid....sometimes students choose to work at unpaid positions for 20 hours and 20 hours in a paid job as well (a 20/20).
• 4 month co-ops happen on a case by case basis (Summer, Fall, or Spring)
### Sample Semester Patterns Of Attendance

#### Pattern A: July Co-op

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<thead>
<tr>
<th></th>
<th>Fall</th>
<th>Spring</th>
<th>Summer</th>
<th>Sessions</th>
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<tbody>
<tr>
<td></td>
<td>Sem: Sept-Dec</td>
<td>Sem: Jan-Apr</td>
<td>Sum1: May-Jun</td>
<td>Sum2: Jul-Aug</td>
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<td>Sophomore</td>
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<td>Middler</td>
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<td>School</td>
<td>Coop 2</td>
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<td>Junior</td>
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#### Pattern B: January Co-op

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<td>Coop 2</td>
<td>School</td>
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<tr>
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<tr>
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#### Pattern C: No Co-op

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The Co-op Process

Co-op is a three step process. It includes Preparation, Activity and Reflection.

1) The “Preparation” spans the entire semester before a student wishes to go on co-op. Before the first co-op, students take the Professional Development for Co-op class or its equivalent. The preparation also includes the resume work, referrals to Co-op employers, interviewing, etc.

2) The “Activity” is the six months when students are working in co-op positions from January to June, or July through December.

3) The “Reflection” component varies in each discipline, and takes place after a student returns from co-op.
Types of co-op jobs and FAQ

• Jobs are listed by major, but students can apply to jobs outside of their majors

• See basic information on **Career Paths** in these majors

• See **examples of jobs** students have had

• See **student and alumni spotlights**

• See a sample of **frequently asked questions** of prospective students
Helpful links

- Co-op Student Handbook
- Lisa’s co-op Webpage
- NU’s co-op Webpage
- The Sociology/Anthropology Department

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