The Northeastern Co-op Experience:

In Sociology, Cultural Anthropology, and Human Services

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Co-op

What is Co-op?

• Co-op allows students to alternate between class work and full-time paid employment - to help them clarify their career goals and build skills.
• Students can complete up to three co-ops in 5 years. (or two in 4 years) They can go on co-op as early as spring of their sophomore year.

What are Co-ops?

• Students work for 6 months, full-time (32-40 hrs/week). Positions are from January through June or July through December.
• Most are paid....sometimes students choose to work at unpaid positions for 20 hours and 20 hours in a paid job as well (a 20/20).
• 4 month co-ops happen on a case by case basis (Summer, Fall, or Spring)
The Co-op Process

Co-op is a three step process. It includes Preparation, Activity and Reflection.

1) The “Preparation” spans the entire semester before a student wishes to go on co-op. Before the first co-op, students take the Professional Development for Co-op class or its equivalent. The preparation also includes the resume work, referrals to Co-op employers, interviewing, etc.

2) The “Activity” is the six months when students are working in co-op positions from January to June, or July through December.

3) The “Reflection” component varies in each discipline, and takes place after a student returns from co-op.
Types of co-op jobs and FAQ

• Jobs are listed by major, but students can apply to jobs outside of their majors

• See basic information on Career Paths in these majors

• See examples of jobs students have had

• See student and alumni spotlights

• See a sample of frequently asked questions of prospective students
Helpful links

- Co-op Student Handbook
- Lisa’s co-op Webpage
- NU’s co-op Webpage
- The Sociology/Anthropology Department
- The Human Services Program

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